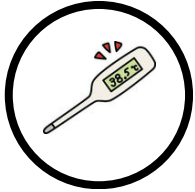


SEEKING HELP

If the child exhibits any of the following within the next 7 days:



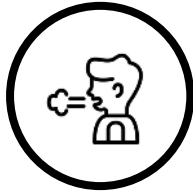
Fever ($>38.4^{\circ}\text{C}$)



Bleeding (>5 mins)



Lack of appetite



Bad breath



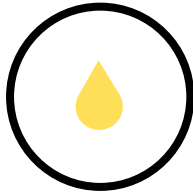
Pus at surgery site



A lot of vomiting



A lot of diarrhea



Changes in urine
(amount or colour)

WOUND CARE

- No intense activity or workouts for **4 weeks**
- No direct hit or trauma to hip or face
- Can shower with bandage for **1 week**



AFTER 1 WEEK:

- Can remove bandage
- Apply bacitracin on hip for **1 week**



BRACES AFTER 3 MONTHS:

- Can continue braces treatment, if ongoing or needed, **after 3 months** and cleared by orthodontist and surgeon.



GLOBAL SMILE FOUNDATION

POST-SURGERY CARE FOR ALVEOLAR BONE GRAFTING

Name of Patient: _____

Allergies: _____

QR Code to GSF Linktree
with Example Care Videos

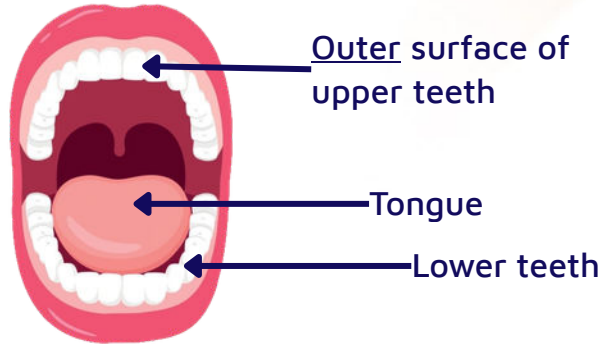


ORAL CARE

****Do not disrupt surgical site****

TEETH BRUSHING WITHIN 24HRS:

DO BRUSH TWICE (MORNING & NIGHT):



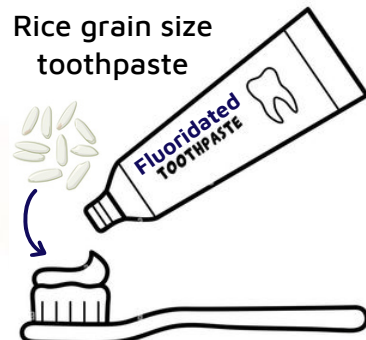
Gentle wiping of lower teeth, outer surfaces of upper teeth and tongue if **toothbrushing is not advised or safe**, with water or alcohol-free chlorhexidine-soaked gauze (or mouth wash) for 1-2 weeks



TEETH BRUSHING 7-10 DAYS AFTER CLEARANCE FROM SURGEON:

BRUSH TEETH TWICE (MORNING & NIGHT)

Keep mouth clean at night & do not feed after brushing teeth at night



FEEDING

DAY OF SURGERY:

- 2-3 hours after surgery:** start liquids using syringe or spoon provided by GSF such as....



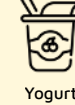
- If **tolerating**, can start soft solids as prescribed by GSF

DAY 1 - 10 POST-SURGERY:

Pureed food using spoon provided by GSF



Food should easily slip from spoon



DAY 11 - 12 WEEKS POST-SURGERY:

- No hard foods like bone, hard fruits/vegetables, cheese, steak, etc. for **3 months**
- Food must be soft to chew easily



IMPORTANT:

- Must keep child hydrated, even if in pain
- Wash child's mouth after feeding!
- Only** use syringe or a slightly inclined and soft tip spoon provided by GSF for 6 weeks
- No hot food.
- No spicy food.



Signs of dehydration:

Fewer wet diapers



Dark urine



Dry skin and mouth

