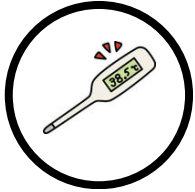


SEEKING HELP

If the child exhibits any of the following within the next 7 days:



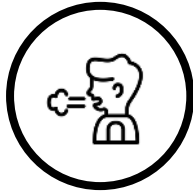
Fever ($>38.4^{\circ}\text{C}$)



Bleeding (>5 mins)



Lack of appetite



Bad breath



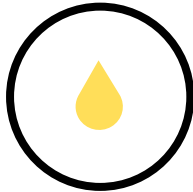
Pus at surgery site



A lot of vomiting



A lot of diarrhea



Changes in urine
(amount or colour)

HANDS

2 WEEKS:

Do not let child touch mouth or nose for 2 weeks



Use braced immobilizers
for most of day and night



Allow child to move arms
3 times a day for 10 minutes

*Watch your child carefully and do not
allow your child to touch the mouth or
nose during this time*

GLOBAL SMILE FOUNDATION

POST-SURGERY CARE FOR CLEFT PALATE

Name of Patient: _____

Allergies: _____

QR Code to GSF Linktree
with Example Care Videos

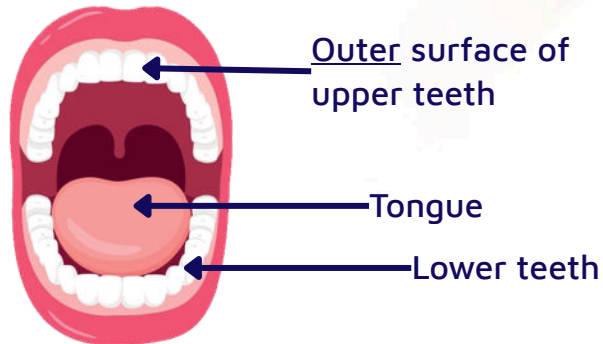


ORAL CARE

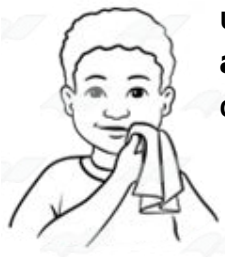
****Do not disrupt surgical site****

TEETH BRUSHING WITHIN 24HRS:

DO BRUSH:



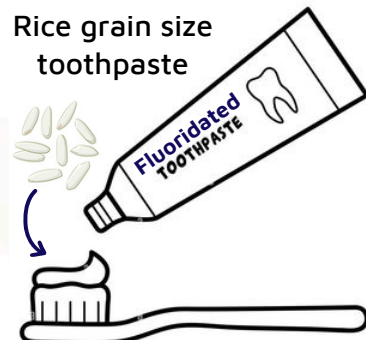
Gentle wiping of lower teeth, outer surfaces of upper teeth and tongue if **toothbrushing is not advised or safe**, with water or alcohol-free chlorhexidine-soaked gauze (or mouth wash)



TEETH BRUSHING 7-10 DAYS AFTER CLEARANCE FROM SURGEON:

BRUSH TEETH TWICE (MORNING & NIGHT)

Keep mouth clean at night & do not feed after brushing teeth at night

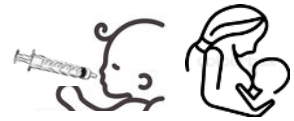


FEEDING



DAY OF SURGERY:

Give alfalyte or pedialyte using a syringe
If tolerating, start formula with a syringe or breastfeeding from breast



DAY 1 - 10 POST-SURGERY:

Breastfeeding: directly feed from breast

Formula Feeding: use a syringe with rubber tip

Regular feeding: pureed food using spoon provided by GSF



Soup



Puree



Smoothie



Yogurt



Jell-O

DAY 11 - 6 WEEKS POST-SURGERY:

Breastfeeding: directly feed from breast

Formula Feeding: use a syringe with rubber tip

Regular feeding: soft foods with spoon by GSF such as...



Mashed Potatos



Jell-O



Soft-serve
ice cream



Cooked
veggies & fruit



Plain pudding



Finely ground
meat



Pasta

IMPORTANT:

- No solid or hard foods for 6 weeks
- No hot foods
- No pacifiers for 6 weeks
- Must keep child hydrated, even if in pain
- Wash child's mouth after feeding!
- **Only** use syringe or a slightly inclined and soft tip spoon provided by GSF for 6 weeks



Signs of dehydration:

Fewer wet diapers



Dark urine



Dry skin and mouth

