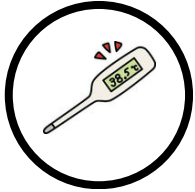


SEEKING HELP

If the child exhibits any of the following within the next 7 days:



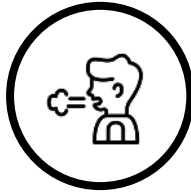
Fever ($>38.4^{\circ}\text{C}$)



Bleeding (>5 mins)



Lack of appetite



Bad breath



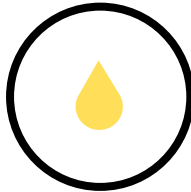
Pus at surgery site



A lot of vomiting



A lot of diarrhea



Changes in urine
(amount or colour)

HANDS

2 WEEKS:

Do not let child touch mouth or nose for 2 weeks



Use braced immobilizers
for most of day and night



Allow child to move arms
3 times a day for 10 minutes

*Watch your child carefully and do not
allow your child to touch the mouth or
nose during this time*

GLOBAL SMILE FOUNDATION

POST-SURGERY CARE FOR SETBACK

Name of Patient: _____

Allergies: _____

Signature: _____

Follow-Up Surgeon: _____

QR Code to GSF Linktree
with Example Care Videos



ORAL CARE

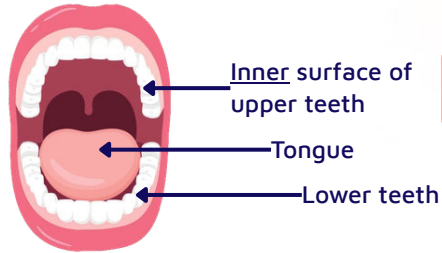
****Do not disrupt surgical site****

IF NO TEETH PRESENT:

Wipe tongue with Chlorhexidine or bottle water-soaked sterile gauze 2-3 times a day

IF TEETH PRESENT:

AFTER 24 HOURS, GENTLE BRUSH:



Gentle wiping of outer surface of upper teeth with a cotton swab or a sponge with Chlorhexidine



RESUME FULL BRUSHING IN 7-10 DAYS

with clearance from surgeon

- Brush 2x a day
- **Do not** feed baby after brushing at night



WOUND CARE

AFTER EVERY FEED:

Clean wound (nose and lips) with bottled water and 2x2 gauze

IMPORTANT:

- Do NOT use topical antibiotics on clean Dermabond area for **1 week unless crusting**.
- No pacifiers and child cannot suck on anything for **3 weeks**
- Do NOT expose to sun for 4 weeks
 - **After 4 weeks**, apply sunscreen on lip 30 minutes before going out



6 WEEKS:

In 6 weeks, begin circular massages on scar of lip 4 times a day for up to 5 minutes each time (using scar gel if provided) for up to 18 months

WHEN CRUSTING BEGINS:

- Apply topical antibiotic **3-4 times a day** to crusty lip and nostril area
- Use ointment until crusting falls off
- If NO CRUSTING: start ointment **1 week** after surgery



FEEDING

DAY OF SURGERY:

Give alfalyte or pedialyte using a syringe
If tolerating, start formula with a syringe or breastfeeding from breast



DAY 1 - 10 POST-SURGERY:

Breastfeeding: directly feed from breast

Formula Feeding: use a syringe with rubber tip

Regular feeding: pureed food using spoon provided by GSF



DAY 11 - 6 WEEKS POST-SURGERY:

Breastfeeding: directly feed from breast

Formula Feeding: use a syringe with rubber tip

Regular feeding: soft foods with spoon by GSF such as...



IMPORTANT:

• No solid or hard foods for 6 weeks

• No hot foods

• No pacifiers for 6 weeks

• Must keep child hydrated, even if in pain

• Wash child's mouth after feeding!

• **Only** use syringe or a slightly inclined and soft tip spoon provided by GSF for 6 weeks

• Food must be pureed enough to slip from spoon into mouth

Signs of dehydration:

Fewer wet diapers



Dark urine



Dry skin and mouth

